

## **Skinny jeans 'bad for your health'** 窄腿紧身牛仔裤有碍健康

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医生表示，窄腿牛仔裤可能会伤害你的腿。一篇最新发表在《神经学、神经外科学和精神病医学期刊》的报告说，一位身着窄腿紧身牛仔裤的澳大利亚女士由于腿脚肿胀麻木，疼痛无比被送往医院接受治疗，她的腿肿胀到无法脱下身穿的牛仔裤，医生不得不先用剪刀剪开她穿的裤子后才能对她进行入院治疗。以下是 Richard Slee 的报道。

The 35-year-old woman had to be cut out of her jeans after she lost the feeling in her lower legs, which had become badly **swollen**.

The doctors said the tight jeans had caused a loss of **blood supply** as well as **muscle** and **nerve** damage.

The case study, which is published in an online medical journal, says the woman had spent the previous day helping a **relative** move house and a number of hours **squatting** as she emptied cupboards, feeling more uncomfortable as the day progressed.

The woman was treated in hospital for four days and is now thought to have **made a full recovery**.

## Questions

1. What problems did the skinny jeans cause?
2. Why was the woman squatting?
3. True or false? *The woman still feels pain when she squats.*
4. Which adverb in the text means 'in a serious or harmful way'?

## Vocabulary and definitions

<b>swollen</b>	肿胀的
<b>blood supply</b>	供血
<b>muscle</b>	肌肉
<b>nerve</b>	神经
<b>relative</b>	亲戚
<b>squatting</b>	蹲着
<b>made a full recovery</b>	完全恢复了健康

**Answers to the questions:**

1. What problems did the skinny jeans cause?

**Answer: The woman's lower legs became swollen, her blood supply was affected, and muscles and nerves in her leg were damaged.**

2. Why was the woman squatting?

**Answer: The woman was squatting because she was emptying cupboards.**

3. True or false? *The woman still feels pain when she squats.*

**Answer: False. According to the report, the woman made a full recovery.**

4. Which adverb in the text means 'in a serious or harmful way'?

**Answer: Badly. Her legs were 'badly' swollen.**